



Name: \_\_\_\_\_ Birth Date: \_\_\_\_\_ Today's Date: \_\_\_\_\_

### Constitutional

- Fatigue
- Fever, chills, or sweats
- Decreased appetite
- Increased appetite
- Sudden weight loss
- Sudden weight gain

### HEENT

- Burning in eyes
- Blurred vision
- Visual loss
- Ringing of the ears
- Vertigo
- Hearing loss
- Earache
- Nose bleeds
- Prolonged hoarseness
- Sinus trouble / congestion

### Respiratory

- Chronic cough
- Wheezing
- Bluish discoloration of skin
- Painful respiration
- Coughing up blood
- Excessive phlegm
- Shortness of breath

### Cardiovascular

- Chest pain
- Swollen ankles
- Irregular heartbeat / palpitations

### Vascular

- Coldness to extremities
- Swelling to extremities
- Pain when walking
- Ulcer(s)
- Varicose veins

### Gastrointestinal

- Abdominal pain
- Bloating / swelling
- Change in appetite
- Nausea
- Bloody / black stool
- Constipation
- Diarrhea
- Heartburn
- Hemorrhoids
- Rectal bleeding
- Vomiting

### Genitourinary

- Loss of control of urine
- Painful urination
- Frequent urination
- Urinate more than 2x / night
- Blood in urine

### Female

- Family history of breast cancer
- Breast mass / tenderness
- Nipple discharge
- Vaginal delivery(s)
- C-section(s)

### Male

- Impotence
- Enlarged prostate
- Lump in groin
- Testicular mass

### Metabolic/Endocrine

- Heat intolerance
- Excessive appetite
- Excessive thirst
- Chronically overweight
- Chronically underweight

### Psychological

- Feeling depressed
- Thoughts of suicide
- Difficulty sleeping
- Under Psychiatric care

### Neurological

- Headaches
- Memory loss
- Tremors / weakness
- Neuropathy
- Numbness / tingling
- Dizziness / light-headedness
- Seizures
- Fainting spells

### Skin

- Skin rashes
- Dry skin / itching
- Suspicious skin lesions

### Musculoskeletal

- Back pain
- Bone / joint pain
- Muscle weakness
- Muscle cramps

### Hematologic

- Easy Bleeding
- Easy Bruising

### Immunological

- Hay fever (allergies)
- Food allergies
- "Bee" sting allergies

### FAMILY MEDICAL HISTORY: